



# Whatever it takes!

Bargaining information for OPSEU - HPD members

Issue sheet /4

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# Take care of yourself

**Here's your Bargaining Team's advice on working for free.**

**In our meetings around the province, many of you have spoken about the extra hours you work. You have told us how exhausted you feel and your fears of making mistakes.**

**For many, this is a result of working approved overtime and being endlessly on-call. Employers are covering increasing workloads and decreasing levels of staff by working our members to the limit of their endurance.**

**You don't have to work for free! We know there are times that, in an effort to get your job done, you'll come to work "a little early" or you'll stay "a little late," on your own accord.**

**We want to remind you that, under our collective agreement, "approved overtime hours" are paid.**

**There are even questions about whether your employer's liability coverage applies when you are working unapproved hours.**

**This means that if your employer has not requested you work overtime and obtained your agreement, you should not be working it.**

**It's simple: if you are working sick or tired, you are no good for yourself or your family and you are certainly no good for patients. Take care of yourself for a change. Exercise your individual right and stop working for free!**

# For a change