It takes a team to rebuild your life

"Eleven years ago I had bypass surgery.

Today, I've got an exciting job, a great life, and have the privilege of watching my daughter grow up.

It can take a team of over twenty different hospital professionals to get someone like me back on their feet. I wouldn't be here without the help of these incredible people."

Spencer Higdon, National Director, Communications, Outward Bound Canada

An essential part of the team: ECG Technicians, Holter Monitor Techs, Sonographers, Laboratory and X-Ray Technologists helped diagnose Spencer's heart disease. His surgery was assisted by Perfusionists. Blood Bank Technologists made sure compatible blood was available. Pharmacists and Pharmacy Technicians prepared and monitored his medications. Physiotherapists, Dietitians, Psychologists and Social Workers helped him cope with his changed life.

Proud Hospital Professionals, members of the Ontario Public Service Employees Union

Public, Professional & Proud

OPSEU

February is Heart & Stroke Month