



Whatever it takes!

Mobilizing information for OPSEU-HPD members

Join the OPSEU-HPD province wide solidarity Lunch-break Wed. Dec. 4, 12:00 noon



**A healthy lunch is good for you! Eating at your work station is not.*
Take your lunch break at 12:00 along with 5,000 other OPSEU Hospital
Professionals across Ontario. Bring your collective agreement to lunch.
Wear your OPSEU buttons and lanyards.**

Be visible. Be noticed. Be creative

* Do you eat lunch at your workstation? A new study finds that it may be safer to eat in the company bathroom. Researchers at the University of Arizona tracked disease-causing bacteria and germs in the office. They found there are 400 times more germs on an office desk than an office toilet seat - think of the germs that might be in your lab or workstation. The study found that the germiest spots in personal workspaces were consistently the telephone and desktop, followed by the keyboard and computer mouse. The study, led by microbiologist Dr. Charles Gerba and funded by *Clorox* in the US, traced how normal bacteria travels in the workplace. Take your lunch break!

Hospital Professionals Division

Public, Professional and Proud

For more information: www.hospitalprofessionals.org or e-mail blinds@opseu.org; dcox@opseu.org
